# Vision Empower & XRCVC

**Teacher Instruction KIT** 

# **Caring Seniors**

Syllabus: Karnataka State Board

Subject: EVS Grade: 2

Textbook Name: ENVIRONMENTAL STUDIES - Text cum Workbook (Revised) - Second Standard

Chapter Number & Name: 14. Caring seniors

## 1. OVERVIEW

# 1.1 OBJECTIVE AND PREREQUISITES

### **Objective**

• To develop the attitude of helping patients and elders.

**Prerequisite Concept: NA** 

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*Note: The fields marked with \* are mandatory* 

### 2. LEARN

### 2.1 KEY POINTS

The elders in our house or outside should be treated with respect, love and care. We must learn to be compassionate and fair to everyone. The same holds true for people who are sick and need our assistance to take care of their health. Children should also learn to help elders and the sick people in or outside their house in different ways.

2.2 LEARN MORE - None

### 3. ENGAGE

3.1 INTEREST GENERATION ACTIVITIES

### INTRODUCTION TO THE TOPIC

# Activity 1: Story - Respect your elders \*

*Materials required:* A copy of the story in braille/large font

Prerequisites: NA

### *Activity flow:*

• Narrate the following story.

Respect your elders

Reference link: click here

Once there was a village named Singapuram. There lived a carpenter named Kasi. He had a younger son who is five years old. His name was Vasu. Kasi's father Ramu was too old and he also stayed with them in their house. Kasi began to think that his father was of no use to him since he became too old and unable to do any work. Kasi always spoke angrily to his father. Ramu was an old man and he remained silent whenever Kasi spoke in anger. One day, Kasi gave food on a clay plate for his father to eat. Being too old, Ramu was not able to hold the clay plate properly. He dropped it down and the clay plate broke off. Kasi became so angry and scolded his father. Vasu observed this.

The next day, Kasi gave a new clay plate. He went to work. When he came back, he was angry to see the new clay plate also broken into pieces. He scolded his father badly and warned him, "Hey old man, if you break the next clay plate also, there will be no food for you and you have to leave the house". Vasu was listening to his father's words silently.

Next day, in the evening, he came back home after work. He saw his son Vasu doing some work with his carpentry tools. He was surprised to see this and happily went near him,

Kasi asked Vasu "What are you doing my son?" Vasu replied "Dad, I am making a wood plate for you. When you become old, I will give you this wood plate so that you will not break it and I do not have to send you out of the house"

Kasi realized his mistake on hearing his son's words. He felt sorry for hurting his old aged father. He apologised to his father for his mistakes and his angry words. Kasi, Vasu and his grandfather went home to have a nice dinner together.

• Have a general discussion with students about what they understood from the story. Allow them to express their thoughts and ideas in their own words.

### 3.2 CONCEPT GENERATION ACTIVITIES

### CARING FOR ELDERLY PEOPLE INSIDE THE HOME

# Activity 2: Taking care of elderly people \*

Materials Required: NA Prerequisites: NA

Activity Flow:

Narrate the following situation:

Raju's grandmother was lying on the bed and seemed to be not feeling well. Raju is a 7-year-old boy and he asked his grandmother about how she is feeling. She told Raju that she is having a fever and cough.

Ask children what will they do in such a situation?

Continue the story by saying that Raju goes to his father and tells him about grandmother. His father immediately called a doctor and his mother checked the temperature using a thermometer. The doctor said that she has mild fever and prescribed medicines. Raju's mother gave the medicines to grandmother and told her that she would feel better soon.

Discuss what Raju did when he found out that his grandmother was not feeling well. Similarly, narrate a few more situations to children and ask what can someone do in such situations. For example, grandmother is feeling thirsty, grandfather is unable to remember which medicine to take at what time and so on. There can be situations when children cannot directly help their grandparents if they are sick. In such situations, children can take help from other people/elder's.

Ask children to share any other scenarios where they can help the old and sick people in the house or outside. Discuss that the elderly people in our home often spend their time with children and younger adults teaching them with many valuable skills and knowledge from their experience. Thus, we all need each other's help in different times and situations.

### CARING FOR ELDERLY PEOPLE OUTSIDE OUR HOME

# Activity 3: What will you do? \*

Materials Required: NA Prerequisites: NA

### Activity Flow:

Narrate the following two situations to children and ask what they will do in such a situation.

- While climbing up the staircase, one of your friends fell down and injured herself.
- Grandmother is asking someone to accompany her to the nearby park.
- A new classmate wants to go to the washroom and does not know where it is in school.

Ask children if they ever got an opportunity to help someone outside their house especially someone who is old or someone injured or sick.

Suggest the following steps if anyone come across any situation discussed above:

- Try to understand if anybody needs any kind of help
- Analyze the situation and try to help if it is possible without taking other's help. For example, ask if anybody needs any kind of assistance to locate a place in the area.
- In most cases, it is advised to call out to elders like parents or caretakers and inform them about the situation and ask for help from them.

We should respect elders. We should look after aged people and patients with love and care.

### 3.3 LET'S DISCUSS: RELATE TO DAILY LIFE

Have a general discussion about who may need help from us in day-to-day situations and how can people of different ages help them. Discuss how children can help their peers in the school. How will they help someone who is new to the school and does not know the location of different rooms and places in the school.

### 4. EXERCISES & REINFORCEMENT

### 4.1 REINFORCEMENT

# **Activity 4: Summarise the lesson (HW reference)**

Materials Required: NA Prerequisites: NA

### *Activity Flow:*

Divide children into 4-5 groups and assign a few scenarios to each group. Ask each group to discuss and share what they have learnt in this chapter. Encourage each group to talk about different points and not repeat what other groups have already shared.

• (HW reference) Ask children to prepare and tell two sentences about a festival or celebration in their house.

# **Teaching Tips**

None

#### References

# Story reference:

http://poornima-moralstoriesforkids.blogspot.com/2009/07/respect-elders.html#:~:text=Kasi%20began%20to%20think%20that,for%20his%20father%20to%20eat.

### **4.2 IMPORTANT GUIDELINES**

# **Exercise Reading**

It is very important that the children practice their learnings as well as their reading. Hence have the children read out the newly learned concepts from their textbooks or other available resources.

# **Perform Textbook Activity**

It is good practice to have the children perform the textbook activities. Your textbook activities might not be accessible hence go through this resource to learn how to make textbook content accessible.

### **Provide Homework**

To evaluate their understanding and to help the student revise and implement the new learnt concept ensure to provide them with homework. Students should perform one or two of the questions mentioned above or from the textbook exercises with the teacher in class and the remaining may be given for homework. Also, ensure that the student knows their special skills linked to independently using their accessible books as it will be critical to doing homework independently.

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